

Aquatic Schedule - Effective June 28 - July 4, 2026

Lane Pool

Aquatic Schedule is Subject to Change

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM							
7:30 AM							
8:00 AM		WaterFit 8:15 - 9 am	WaterFit 8:15 - 9 am		WaterFit 8:15 - 9 am	Lane Swim 7 - 9 am WaterFit 8:15 - 9 am	
8:30 AM							Kenora Swimming Sharks 7:30 - 10 am
9:00 AM	Lane Swim 9 - 10:30 am						
9:30 AM							
10:00 AM							
10:30 AM			Lane Swim 7 am - 12:30 pm		Lane Swim 7 am - 12:30 pm		
11:00 AM							
11:30 AM	\$3 Open Swim (Lane Pool Only) 11 am - 1 pm						
12:00 PM		Lane Swim 7 am - 4 pm				Lane Swim 12:30 - 1:30 pm	
12:30 PM			Deep Water Running 12:30 - 1:30 pm		Deep Water Running 12:30 - 1:30 pm		
1:00 PM				CLOSED JULY 1ST - CANADA DAY			Tot Pool, Leisure Pool, Hot Tub and Sauna are closed for prepping for Summer Maintenance
1:30 PM							
2:00 PM							
2:30 PM			Lane Swim 1:30 - 4 pm		Lane Swim 1:30 - 4 pm		
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM		Kenora Swim Sharks 4 - 6 pm	Kenora Swimming Sharks 4 - 5:15 pm		Kenora Swimming Sharks 4 - 5:15 pm	Kenora Swim Sharks 4 - 6 pm	
5:00 PM							
5:30 PM							
6:00 PM			\$3 Open Swim (Lane Pool Only) 5:30 - 7 pm		\$3 Open Swim (Lane Pool Only) 5:30 - 7 pm		
6:30 PM							
7:00 PM		\$3 Open Swim (Lane Pool Only) 6:30 - 8 pm	Lane Swim 7 - 8 pm		Lane Swim 7 - 8 pm	\$3 Open Swim (Lane Pool Only) 6:30 - 8 pm	
7:30 PM							
8:00 PM							